

2010 Hiruko Summer Camps

The Hiruko summer camp programs encourage physical fitness, creative exploration, and community building through age appropriate activities and games.

AGES 4-7

Participants must be four years old before/on first day of camp.

"Yin Yang You!"

Combining martial and visual arts, this camp will stretch the boundaries of children's imaginations, as both modalities of creative self-expression mirror each other throughout the week. This camp is ideal for kids with little or no martial arts experience, or kids who love art and would be fine with reviewing the basics of Healing Martial Arts™.

Dates: June 21-June 25
Time: 9:30-12:30
Snack provided, bring your own lunch
Cost: \$260 and \$15 for materials
Ages: 4-7

"LightRays"

To discover the secret power of their own energy, young trainees start as "LightRays". Using fun tools of intergalactic heroes and the physical skills of ancient energy masters, young trainees will explore their own power and focus while learning advanced kicks, stances, and combinations. A spin-off from the highly successful "Jedi Training" we launched in 09, this camp is only open to Hiruko students, at all levels of training.

Dates: July 12-16
Time: 9:30-12:30
Snack provided, bring your own lunch
Cost: \$260 and \$15 for materials
Ages: 4-7

"My First Tae Kwon Do Camp"

Discover the magic of Healing Martial Arts™ at Hiruko. Learn to combine the power of Tae Kwon Do with the calm of healing arts through active lessons and games. This camp is for students interested in exploring what Hiruko has to offer. Evaluation of child's readiness and instructor approval is required for this camp.

Dates: August 2-6
Time: 9:30-12:30
Snack provided, bring your own lunch
Cost: \$260 and discounted uniform \$19.95 (regular \$28.95)
Ages: 4-7



2010 Hiruko Summer Camps

JUNIORS AGES 8-12

Participants must be eight years old before/on first day of camp. Students under eight who are enrolled in a Hiruko Junior class CAN participate in the Junior camps.

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Dates: June 14-18
Time: 9-12:30
Snack provided, bring your own lunch
Cost: \$285 and discounted uniform \$19.95 (regular \$28.95)
Ages: 8-12

"Energons and Powergons"

Take the skills of an intergalactic star hero, the tricks of an ancient ninja warrior, the stillness of a wise master and you get an energy filled "Energon" and "Powergon". Inspired by the success of our "Jedi Training" session, and developed further to emulate the magic and playfulness of energy loving characters that kids collect on cards, this energy camp will challenge participants to earn energy points, learn new tricks, and have a ton of fun. **Open only to Hiruko students in our junior classes (regardless of belt level).** Thursday is outdoor day, parents drop/pick up at a local park (TBD).

Dates: July 5-9
Times: 9-12:30
Snack provided, bring your own lunch
Cost: \$285 and \$15 materials fee
Ages: 8-12

"Kicks & Tricks Energy Mix"

Advanced Healing Martial Arts™ skills that are sure to get you excited about the complex world of martial arts. Discover the magic of powerful jump and advanced kicking, and get ready to learn a few new tricks. **Open to Hiruko students only, green belt and higher.** Priority registration offered for Mastery Journey team participants. Thursday is outdoor day, parents drop/pick up at a local park (TBD).

Dates: July 19-23
Times: 9-12:30
Snack provided, bring your own lunch
Cost: \$285
Ages: 8-12



2010 Hiurko Summer Camps

2010 Hiruko Summer Camps Registration Form

PARENT/MAIN CONTACT (FIRST LAST NAME): _____

STREET ADDRESS _____

CITY, ZIP _____ PRIMARY EMAIL ADDRESS _____

WORK PHONE _____ HOME PHONE: _____ CELL PHONE: _____

CAMPER NAME (FIRST LAST) _____ BIRTH DATE: _____

GENDER: M F

CAMPER NAME (FIRST LAST) _____ BIRTH DATE: _____

GENDER: M F

CAMPER NAME (FIRST LAST) _____ BIRTH DATE: _____

GENDER: M F

Which sessions will you attend? Please mark an "X" to all that apply.

Yin Yang You! Participants: _____
AGES 4-7 Dates: June 21-June 25 Time: 9:30-12:30 Cost: \$260 and \$15 for materials

LightRays Participants: _____
AGES: 4-7 Dates: July 12-16 Time: 9:30-12:30 Cost: \$260 and \$15 for materials

My First Tae Kwon Do Camp Participants: _____
Ages: 4-7 Dates: August 2-6 Time: 9:30-12:30 Cost: \$260 and discounted uniform \$19.95

My First Tae Kwon Do Camp Participants: _____
AGES 8-12 Dates: June 14-18 Time: 9-12:30 Cost \$285 and discounted uniform \$19.95

Energons and Powergons Participants: _____
AGES 8-12 Dates: July 5-9 Times: 9-12:30 Cost \$285 and \$15 materials fee

Kicks & Tricks Energy Mix Participants: _____
AGES 8-12 Dates: July 19-23 Times: 9-12:30 Cost \$285

Camp Fee _____
Materials/Uniform Fees _____

TOTAL _____

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Payment Methods

For all methods of payment, please bring your completed registration form to Hiruko and register in person. You will receive the camp uniform at the time of registration. If paying by check, please make checks payable to "Hiruko". A \$25 fee will be charged for all returned checks.

Emergency & Release (INITIAL PLEASE)

I have filled out the PINK Emergency Contact Card neatly and clearly

Permission to Render Emergency Aid

I, the parent or legal guardian of the above-named minor, fully understand that Hiruko Wellness Inc. staff members are not physicians or medical practitioners of any kind. With the foregoing in mind and in the event that any kind of injury or illness should occur to my child while on Hiruko Wellness Inc. premises, I hereby authorize Hiruko Wellness Inc. staff members to render first aid as deemed necessary in their discretion and/or to seek medical assistance, including calling 911 or otherwise arranging for the transport of my child to an appropriate medical facility for treatment. Additionally, I hereby authorize any trained and licensed medical professional to administer emergency medical treatment to my child should injury or illness occur in my absence. I understand that Hiruko Wellness Inc. will make every effort to promptly notify me of any such emergency. I have read and understand the above Permission to Render Emergency First Aid and I hereby give my express written consent to its provisions.

(Parent/Guardian Signature) _____

I have reviewed and signed the Hiruko Wellness Inc. Release of Liability

I have informed the Hiruko staff of my child's special needs including allergies, physical conditions, and/or other issues that may affect my child's performance or overall physical and/or mental state while attending summer camp.

Attire

Camp participants are required to wear martial arts uniform and wear shorts and T-Shirt under the uniform.

Snacks & Lunch

Hiruko is a nut free facility. Please do not pack foods that contain nuts. We are working on cultivating healthy habits. We appreciate your help keeping processed and sugary foods to a minimum. Please let us know if your child has any food allergies or sensitivities.

Refund Policy

We recognize that summers are tough to plan. Our refund policy enables you to sign up early, without risk:

- Payments required to register
- Full refund minus \$25 processing fee by April 1st
- No refunds after April 1st

Office Notes